



USSL FUSION CAMPS / DANCE SCHEDULE 2023

DAY 1 - Dance		DAY 2 - Dance		DAY 3 - Dance	
8:00 AM	Team Arrival Stagger Begins	7:30 AM	1st Breakfast Stagger	7:30 AM	1st Breakfast Stagger
9:00 AM	Coach/Team Check In Begins	8:15 AM	2nd Breakfast Stagger	8:15 AM	2nd Breakfast Stagger
9:45 AM	Welcome & Camp Intro	9:00 AM	Warm Up/Review Day 1	9:00 AM	Warm Up/Review
10:00 AM-10:45AM	Scroll Banner/Game Day Dance	9:30 AM	Master Class 1	9:30 AM	Master Class 4
11:00 AM-11:45AM	Sideline Dance #1	10:30 AM	Break/Coach Sign Ups For Matt Time	10:30 AM	Break
12:00 PM	1st Lunch Stagger	11:00 AM	Master Class 2	11:00 PM	Camp Signature Contests
12:45 PM	2nd Lunch Stagger	12:00 PM	1st Lunch Stagger	12:00 PM	Lunch No Stagger
1:30 PM - 2:15 PM	Signature Dance A	12:45 PM	2nd Lunch Stagger	1:30 PM	Signature Review
2:30 PM - 3:15 PM	Dance Sideline #2	1:30 PM	Master Class 3	2:30 PM	Uniform Change
3:30 PM	Break/Team Bonding	2:30 PM	Break	3:00 PM	Spirit Spectacular
4:00 PM- 4:45 PM	Signature Dance B	3:00 PM	Spirit Sideline/I Worked it Awards	4:30 PM	Student Pick Up
5:00 PM	1st Dinner Stagger / Check In 5:45pm	3:30 PM	Full Matt Pract/Pool/Freetime		
5:45 PM	2nd Dinner Stagger / Check In 5:00pm	5:00 PM	1st Dinner Stagger		
6:30 PM	Glow Party/Spirit Sticks/Thats My Jam	5:45 PM	2nd Dinner Stagger		
8:00 PM	Optional Team Practice In Ballrooms	6:30 PM	Showtime Performances		
9:00 PM	Day 1 Done/Commuter Pick Up	7:30 PM	Aloha Spirit Stomp/Spirit Sticks		
		9:00 PM	Day 2 Done/Commuter Pick Up		



USSL FUSION CAMPS / CHEER SCHEDULE 2023

DAY 1 - Cheer		DAY 2 - Cheer		DAY 3 - Cheer	
8:00 AM	Team Arrival Stagger Begins	7:30 AM	1st Breakfast Stagger	7:30 AM	1st Breakfast Stagger
9:00 AM	Coach/Team Check In Begins	8:15 AM	2nd Breakfast Stagger	8:15 AM	2nd Breakfast Stagger
9:45 AM	Welcome & Camp Intro	9:00 AM	Warm Up/Review Day 1	9:00 AM	Warm Up/Review
10:00 AM-10:45AM	Scroll Banner/Game Day Cheer	9:30 AM	Master Class 1	9:30 AM	Master Class 4
11:00 AM-11:45AM	Cheer Sideline Dance #1	10:30 AM	Break/Coach Sign Ups For Matt Time	10:30 AM	Break
12:00 PM	1st Lunch Stagger	11:00 AM	Master Class 2	11:00 PM	Camp Signature Contests
12:45 PM	2nd Lunch Stagger	12:00 PM	1st Lunch Stagger	12:00 PM	Lunch No Stagger
1:30 PM - 2:15 PM	Stunt Routine	12:45 PM	2nd Lunch Stagger	1:30 PM	Signature Review
2:30 PM - 3:15 PM	Cheer Sideline Dance #2	1:30 PM	Master Class 3	2:30 PM	Uniform Change
3:30 PM	Break/Team Bonding	2:30 PM	Break	3:00 PM	Spirit Spectacular
4:00 PM- 4:45 PM	Pyramid Routine	3:00 PM	Spirit Sideline/I Worked it Awards	4:30 PM	Student Pick Up
5:00 PM	1st Dinner Stagger / Check In 5:45pm	3:30 PM	Full Matt Pract/Pool/Freetime		
5:45 PM	2nd Dinner Stagger / Check In 5:00pm	5:00 PM	1st Dinner Stagger		
6:30 PM	Glow Party/Spirit Sticks/Thats My Jam	5:45 PM	2nd Dinner Stagger		
8:00 PM	Optional Team Practice In Ballrooms	6:30 PM	Showtime Performances		
9:00 PM	Day 1 Done/Commuter Pick Up	7:30 PM	Aloha Spirit Stomp / Spirit Sticks		
		9:00 PM	Day 2 Done/Commuter Pick Up		