

U.S. Spiritleaders reserves the right to add, delete, combine, and split divisions in the interest of competition.  
All Cheer divisions and skills are based on the level guidelines of USASF and NACCC.

## All-Star Cheer Divisions

**Tiny Cheer** (Level 1)  
(5 Years and Younger)  
(5- 36 Members) Female / Male

**Mini Cheer** (Levels 1,2,3)  
(8 Years and Younger)  
(5- 36 Members) Female / Male

**Youth** (Levels 1,2,3,4,5)  
(11 Years and Younger)  
(5- 36 Members) Female / Male

**Junior Cheer** (Levels 1,2,3,4,5)  
(14 Years and Younger)  
(5- 36 Members) Female/Male Levels 1- 2  
All Girl Junior (5- 36 Members) Levels 3- 5  
Junior Co-Ed (1 or more Males 5- 36 Members) Levels 3- 5

**Senior Cheer** (Levels 1,2,3,4,4.2,5.)  
Sr. Level 1,2 Female/Male 18 Yrs. & Younger (5-36 members)  
All Girl Sr. Level 3, 4 18 Yrs. & Younger (5- 36 Members)  
Sr. Co-Ed Level 3, 4 18 Yrs. & Younger 1+ males (5-36 members)  
Sr. 4.2 Female/Male Yrs. & Younger (5-36 members)  
Sr. Open Level 5 0- 4males 18 Yrs. & Younger (5-36 members)  
All Girl Sr. Level 5 12-18 years (5-36 members)  
Sr. Limited Co-Ed Level 5 1-4 males 12-18 years (5-36 members)  
Sr. Semi Lmtd. Co-Ed Level 5 5-12 males 12-18 yrs. (5- 36 mem.)  
Sr. Unlmtd. Co-Ed Level 5 5 + Males 12-18 yrs. (5- 36 mem.)

**Open Cheer and International Open**  
Open All Girl (17 Yrs. + ) 5- 24 Members Level 6  
Open Co-Ed (17 Yrs. + ) 1+ Males 5- 24 Members Level 6  
**International Open** (14 Years and Older Level 5)  
All Girl Open (5- 24 Members)  
Co-Ed Open 1-12 Males (5 - 24 Members)

**Special Needs** (Level N/A)  
Special Needs (Any Age) Female/Male Unlimited Members

## Cheer Speciality Divisions Individual Cheer (ICA) Divisions

Tiny (5 yrs. and younger)  
Mini (6 - 8 yrs.)  
Youth (9 - 11 yrs.)  
Jr. (12 - 14 yrs.)  
Sr. (15 - 18 yrs.) Must be in High School  
Open (18 yrs. and Older) Must be out of High School

## Group Partner Stunt (GPSA) Divisions (All Girl/One Male 4-5 Members) (Coed - 2 Plus A Spotter)

Mini (8 yrs. and Under)  
Youth (11 yrs. and Under)  
Jr. (14 yrs. and Under)  
Sr. (11 - 18 yrs.) Must be in High School  
Open (18 yrs. and Older) Must be out of High School

## All-Star Dance Divisions

(5 members or more)

Due to decisions made by the USASF Dance Committee there have been changes to the names of particular Dance categories. These categories also do not reflect that many programs have more than one team of different technique levels in one division. Based on this, we will continue to offer Pom/Song (created for novice/intermediate teams), and Pom/Dance (created for advanced teams).

See U.S. Spiritleaders Guidelines (PDF File) for Dance Division Rules

## Team Dance Divisions

**Pom/Song (PSA)**  
**Pom/Dance (PDA)**  
**Jazz/Dance (JD)**  
**Lyrical Dance (LD)**  
**Hip Hop Funk (HHF)**

Tiny (5 years & younger) 5 ww+ Members  
Mini (8 years & younger) 5 + Members  
Youth (11 years & younger) 5 + Members  
Junior (14 years & younger) 5 + Members  
Sr. Prep (16 years & younger) 5 + Members  
Senior (18 years & younger) 5 + Members  
International Open Dance (14 years & older) 5 + Members

## Individual Dance Divisions

**Individual Pom/Song (IPS)**  
**Individual Pom/Dance (IPD)**  
**Individual Jazz/Dance (IJD)**  
**Individual Lyrical Dance (ILD)**  
**Individual Hip Hop Funk (IHFF)**

Tiny (5 yrs. and younger)  
Mini (6 - 8 yrs.)  
Youth (9 - 11 yrs.)  
Jr. (12 - 14 yrs.)  
Sr. (15 - 18 yrs.) Must be in High School  
Open (18 yrs. and Older) Must be out of High School

## Duo and Trio Dance Divisions

**Duo & Trio Pom/Song (DTPS)**  
**Duo & Trio Pom/Dance Advanced (DTPD)**  
**Duo & Trio Jazz/Dance (DTJD)**  
**Duo & Trio Lyrical Dance (DTLD)**  
**Duo & Trio Hip Hop Funk (DTHHF)**

Tiny (5 yrs. and younger)  
Mini (6 - 8 yrs.)  
Youth (9 - 11 yrs.)  
Jr. (12 - 14 yrs.)  
Sr. (15 - 18 yrs.) Must be in High School  
Open (18 yrs. and Older) Must be out of High School

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### Interactive Entry Form

You must have the most current version of Adobe Acrobat Reader. [Click here to download.](#)  
 Scroll down to the registration portion of this form and fill out your information in the appropriate spaces.

### PRINT THIS PAGE

Once you have completed all of the sections of the entry form, print a copy, sign & date, and send to U.S. Spiritleaders P.O. Box 32227 Long Beach, Calif. 90832. Entries will not be processed unless payment is received in the form of a Cashier's Check, School Check, or Money Order made payable to U.S. Spiritleaders

### Competition Brochures, Spirit Updates, Refund Checks Will Be Sent to this Address

Gym/School:		Phone:	
Address:		Fax:	
City/State/Zip:		Email:	

### This Person Will Receive Entry Confirmation and Competition Information

Coach/Sponsor:		Mobile:	
Address:		Fax:	
City/State/Zip:		Email:	

**Performance Conflicts:** Please list any teams that might have any competition or warm up conflicts due to crossover participants or multiple performances. U.S. Spiritleaders does not guarantee the performance schedule can be adjusted to accommodate your requests.

**Division Entries:** Please Enter Team, Duo or Individual and Division Code or Level if One is Indicated. Please enter the Individual's first and last name. The Fee for Entering a Second or Third Division is \$150.00 Per Team.

Division / Code:	# Members:	Division / Code:	# Members:	Division / Code:	# Members:

1. All entry forms must include a school check or money order. 2. Entries must be received 21 days prior to the event. 3. There are no refunds for cancellations 21 days prior to the event. 4. There is a \$200.00 fee per entry change. 5. There is a \$200.00 fee if the entry is accepted late.

Total All Participants From Every Division Entered Please read the General Information section for special pricing for Multiple Performances and Multiple Family Participants.

Total Participants		x \$45 per	=	<b>Sub Total:</b>	
2nd/3rd Divisions		x \$150	=	<b>Sub Total:</b>	
Stunt Groups/Individuals		x \$32 per	=	<b>Sub Total:</b>	
				<b>Grand Total:</b>	

Note: Shirts are not awarded at all competitions. This information is used in the event that shirts are so awarded.

<b>Enter Participants Shirt Sizes:</b>	YM:	YL:	S:	M:	L:	XL:	XL:
<b>Enter Advisor/Coach Shirt Sizes:</b>	S:	M:	L:	XL:	XXL:		

Please Sign & Date Here: X \_\_\_\_\_ DATE: \_\_\_ / \_\_\_ / \_\_\_